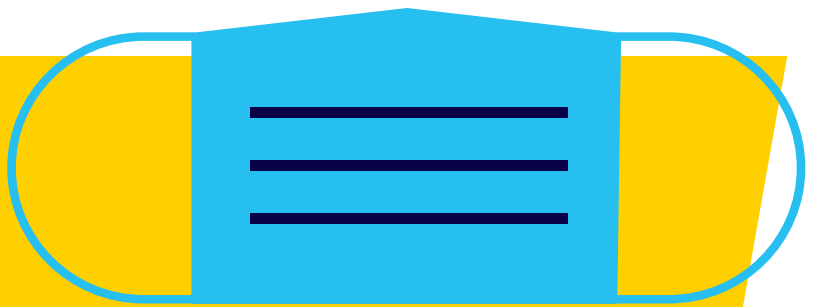


Stay Covered for Each Other

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staycoveredtogether.org



How To Cover Your Face

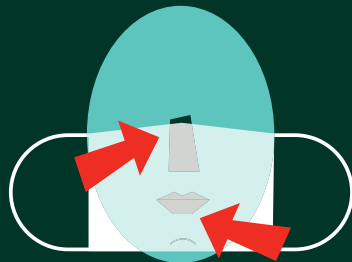
Face coverings help prevent COVID-19 from spreading. They are most effective when you keep at least six feet of distance from others while outside.

1.



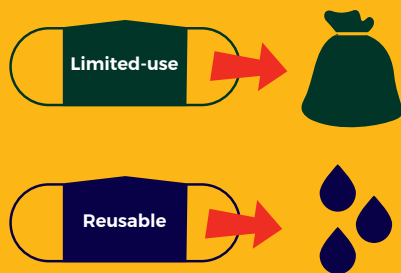
Clean your hands with soap and water or alcohol-based hand rub before putting on the mask.

2.



Only touch the outside of your mask. Cover your nose and mouth so the mask fits snugly. If there is a metal strip/stiff edge on one side, mold it to your nose. Avoid touching the mask while wearing. Clean your hands if you do.

3.



When done, clean hands and remove from behind. If it's limited-use, discard or store in paper bag between uses. If reusable or a cloth covering, wash with soap and water immediately and let dry completely before reuse. Clean hands after.

For more details on how to protect yourself and others, visit [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus).

Do your part, every time, for everyone.



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